



Princeton Outdoor Adventures

Princeton Outdoor Adventures stresses safety on the water. Therefore we ask that our Pre-Trip Questionnaire be filled out to help identify every paddlers experience level. In the event we have a paddler that is inexperienced we reserve the right to refuse rental to any individual that has not answered the questionnaire to Princeton Outdoor Adventures discretion. We will offer Nigel Foster's video training DVD to watch prior to rental, and witness the renter being able to load and float in our shallow water area.

The ACA provides training from beginners to experts, check web sight for locations.

Once Princeton Outdoor Adventures has evaluated your skill levels you may proceed with the rental. We can help load the boat on your vehicle but we will not tie it down, that is the vehicle owner's responsibility.



Vol. 1 Getting Started

The fundamentals of everything you need to know to get started in the exciting sport of sea kayaking. World-renowned author and instructor Nigel Foster gives you the detailed information you need including the history of kayaking, boat selection, hull design, gear, clothing and safety equipment. Whether you are a seasoned paddler or just about to purchase your first boat, this tape is packed full of information that will make you a better paddler.

[order form](#)



Vol. 2 Essential Strokes

Paddling forward, turning, moving sideways and backwards, Essential Strokes examines the quiver of techniques required to get you around in your kayak. Go beyond the essential safety procedure that you practice in case you should overturn. Learn how to rescue another paddler, and how to help in your own rescue. This volume offers a good grounding in essential skills.

[order form](#)

I certify that I have watched the training video and am able to load and float in a manner proficient enough to rent a boat.

Name _____ Date _____